

# Wrestling

2019-20 AACPS Sport Bulletin



## Coaches Responsibilities:

1. Knowing and following all AACPS policies, procedures, rules and regulations as described throughout the AACPS Athletic Handbook.
2. Knowing and following the sport bulletins of the specific sport.
3. Knowing and following the “Bylaws” and “Rules and Interpretation” sections of the MPSSAA handbook.
4. Following the procedures in the MPSSAA tournament bulletins for his/her specific sport.
5. Following rules described in the appropriate rule book applicable to that sport.

## Contact Information:

1. Questions should be directed to the local school athletic directors.
2. Then you should contact the Wrestling Sports Commissioner, Pete Alvanos Annapolis HS, 315-316-6239, [palvanos@aacps.org](mailto:palvanos@aacps.org).
3. District V Representative, Chris Dyke, Northeast HS, 410-979-9968, [cdyke@aacps.org](mailto:cdyke@aacps.org)
4. 4A/3A East Tournament Director, Chad Vosburg @ Annapolis, 410-868-0531, [cavosburg@aacps.org](mailto:cavosburg@aacps.org) 4A/3A South, Odist Felder- @ Huntingtown , 2A South, Henry Bradley @ Fairmont Heights

## Divisions:

4A/ 3A East at South River			4A/ 3A South at Fairmont Heights	
Arundel	Annapolis	Broadneck	Northeast and Chesapeake	
Glen Burnie	Meade	North County	<b>2A/1A South at Fairmont Heights</b>	
Old Mill	Severna Park	South River	Southern	

## 2019-2020 Important Athletic/Academic Dates and Restrictions:

### November

- Saturday, November 2<sup>nd</sup> - SAT testing- No mandatory practice or contests before 2pm
- Wednesday, November 6<sup>th</sup>, Wt Cert at Old Mill 4-7pm
- Monday, November 11<sup>th</sup>- 4:30pm Winter Coaches Meeting, Arundel High School
- Thursday, November 15<sup>th</sup>- First Day of Tryouts
- Monday, November 19<sup>th</sup>- Check ineligibility lists
- Tuesday, November 20<sup>th</sup>- Academic Probation Begins
- Wednesday, November 21<sup>st</sup>- First day for scrimmages
- Saturday, November 23<sup>rd</sup>, Second Wt Cert at Old Mill 9am
- Wednesday, November 27<sup>th</sup> - Friday, November 29<sup>th</sup> - Thanksgiving Holiday – School Closed – No practice on Thanksgiving Day

# Wrestling

2019-20 AACPS Sport Bulletin



## December

- Thursday, December 5<sup>th</sup> - First play date
- Thursday, December 5<sup>th</sup> - Professional Development for teachers-With approval from the AD and principal, school teams with paid, non-AACPS employee coaches may practice during established teacher work hours
- Saturday, December 7<sup>th</sup> - SAT testing- No mandatory practices or contests before 2pm
- Friday, December 17<sup>th</sup> - Academic Probation Ends
- Monday, December 23<sup>rd</sup> - Wednesday, January 1<sup>st</sup> - Winter Break- No practices on Christmas Day

## January

- Monday, January 20<sup>th</sup> - School Closed- Voluntary practices only
- Tuesday, January 28<sup>th</sup> - Wednesday, January 29<sup>th</sup> - End of 2<sup>nd</sup> MP 2 hour early dismissal. With approval from the AD and principal, school teams with paid, non-AACPS employee coaches may practice during established teacher work hours
- Thursday, January 30<sup>th</sup> - Schools closed for students- With approval from the AD and principal, school teams with paid, non-AACPS employee coaches may practice during established teacher work hours

## February

- Friday, February 7<sup>th</sup> - Check Ineligibility lists
- Saturday, February 8<sup>th</sup> - ACT testing- No mandatory practice or contests before 2pm
- Monday, February 10<sup>th</sup> - Report Card Distribution
- Wednesday, February 12<sup>th</sup> - Professional Development for teachers-With approval from the AD and principal, school teams with paid, non-AACPS employee coaches may practice during established teacher work hours
- Monday, February 17<sup>th</sup> - School Closed- Practices permitted

### Contests:

- The first play date for the winter season is December 5-Wednesday
- The maximum number of events is 14, which includes at most 3 tri meets and 3 tournaments.
- There is a maximum of 2 events per week.
- In the event of school and activities being cancelled, the contests will be scheduled 1<sup>st</sup> available date.
- 1 lb. allowance when teams cannot practice the day before a weigh-in. (max of 2lbs.)
- All wrestling county wrestling dual meets are schedule for JV- 5:30 pm and V- 6pm, generally following a JV basketball game. Tri-meets are scheduled for 4:30 pm.
- Coaches must refer to the MPSSAA winter bulletin for Regional Duals, Regional, State Tournament, Seeding rules and information.

### County Championship and Awards:

- Team rosters and regional seed points including 2 out of 3 tournaments due to the office of athletics on Tuesday February, 18
- Seeding Meeting. Wednesday, Feb 19th at 6pm at Annapolis High School.
  - Wrestlers will be seeded by total regional points.



# Wrestling

2019-20 AACPS Sport Bulletin



## 2019-20 Anne Arundel County Wrestling Timeline and Information

### Tuesday, Feb 18

-Entries 12pm Due to the Office of Athletics

[blayman@aacps.org](mailto:blayman@aacps.org)

-Track wrestling will be used for entry and to run the tournament paperless

### Wednesday, Feb 19 @ Annapolis High School

JV championships at Annapolis (to medal round) 4:00pm

Varsity Seeding Meeting @ Annapolis HS 6:00 pm

### Friday, Feb 21 - @ Annapolis High School

Weigh-in 2:45 pm

Coaches Meeting 3:30 pm

Wrestling starts @ 4:00 pm

- Preliminary Round
- Quarterfinals
- Consolation-Preliminary and first round

### Saturday, Feb 22 - @ Annapolis High School

Weigh-in 9:00 am

Wrestling starts @ 10:00 am

- Semi-finals and Consolation Quarterfinals 10:00am-12:00 pm
- Consolation Semi-finals 12:00-1:00 pm
- JV Medal Round 1<sup>st</sup> 3<sup>rd</sup> 5<sup>th</sup> 1:00-2:30 pm
- Consolation Finals 3<sup>rd</sup>, 5<sup>th</sup>, 7<sup>th</sup> 2:30-4:00 pm
- Finals 4:30-6:30 pm

### AACPS County Championships Entry Fee

- Tournament Pass \$15.00
- Friday, Feb 15 \$6.00
- Saturday, ALL DAY PASS \$12.00
- Saturday after 1pm \$6.00